

Environmentally Kids Newsletter

The Newsletter About Kids Saving Nature. Year 1, Issue 7, Apr.-May, 2022

Hello & welcome to those who are back! We hope you enjoy this next issue.

About the Newsletter

This newsletter is for people (especially kids) who want to save Nature. We really hope that you will take action in your own ways, and that this newsletter helps you start.

Nature Waking Up and Dandelion Importance

Have any of you noticed green things popping up? Or maybe flowers coming out? These are all signs of Nature waking up! It has been colder than usual around here, so things have been a bit slower in general to come out.

One plant that is flourishing lately is our dandelions. Dandelions are so important to early emerging pollinators in BC, and lots of endangered Bumble



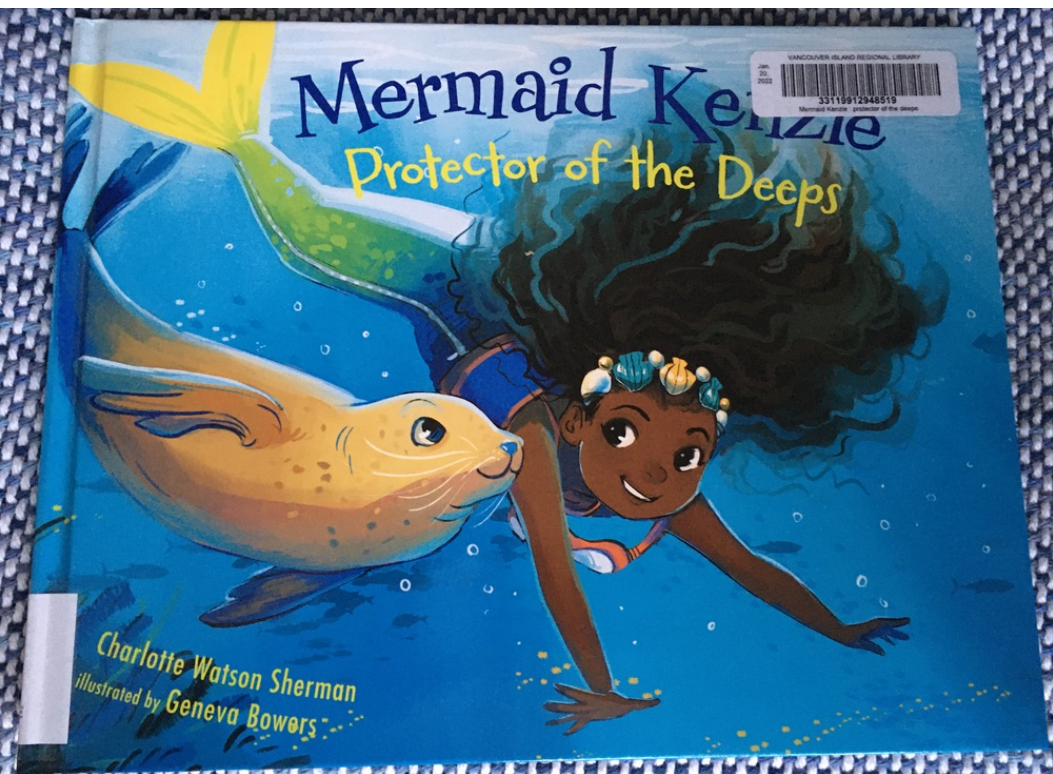
Bees that are native to this region depend on them for early food. Just think! What if you didn't have any food for a month?! These plants are saving these little furry (did I mention adorable?) insects by the hundreds!

Another pro to having Dandelions around is you can eat them! The whole plant except for the stems (there are different opinions about the stems).

This MUST-READ article about Dandelions explains their many uses from healing ailments to improving lawns.

Long story short, love the Dandelion, don't loathe it! Dandelions are incredible, and we should applaud them.

One Good Book

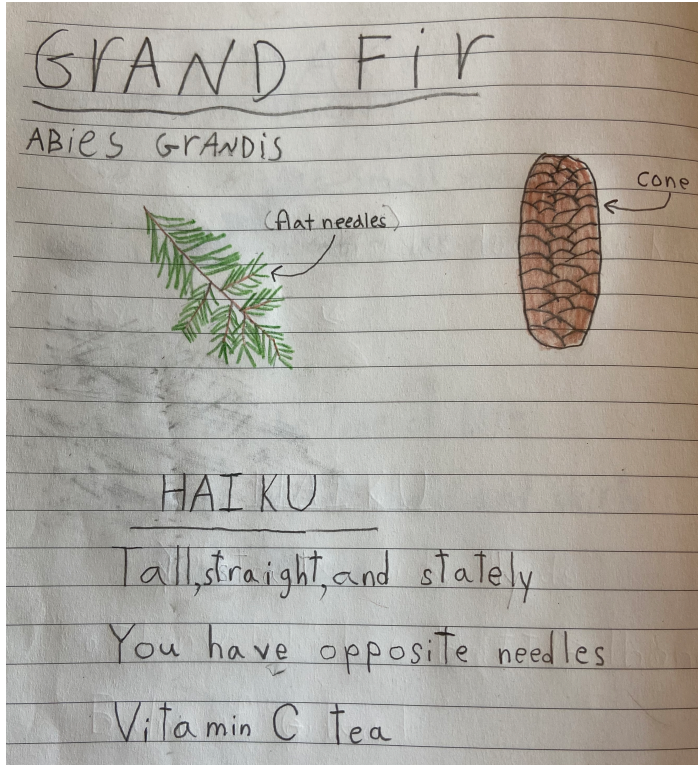


Mermaid Kenzie: Protector of the Deep by Charlotte Watson Sherman and Geneva Bowers is an awesome book about a girl who says she's a mermaid. She goes to the beach with her mom, where they discover plastic in the ocean. Her mom explains that it's discarded from garbage cans and hurts lots of sea creatures. Mermaid

Kenzie then organizes a beach clean-up and her and some new friends clean up the cove until it's clean again.

I love this book because it's a fun story but also touches on an important environmental issue and how you can help clean it up. It also has great back matter with descriptions of ocean heroes. It is highly recommended.

News from Members And Pet Pics



A beautiful Haiku by Amelie Nakatsuka

Cindy sniffing a Tulip



Important Upcoming Days/Dates and Ways to Celebrate

Come up with your own, too, and let us know what they are

International Day of Families is May 15th, 2022

- Do something for the environment with your family, like a garbage walk

International Day for Biological Diversity May 22nd, 2022

- Make an unusual picture using different things you find in nature
- More info: <https://www.cbd.int/idb/>

World Environment Day is June 5th, 2022

- Plant a Tree
- <https://www.worldenvironmentday.global/get-involved/ecosystem-restoration-playbook>

World Oceans Day is June 8th, 2022

- <https://www.msc.org/en-au/what-you-can-do/campaign-for-change/world-oceans-day/Index/8>
- If you live near a Water body, go on a garbage walk near it.

The Summer Solstice is June 21st, 2022

- Dedicate the longest day of the year to caring for the Environment and learning about Canada's Indigenous Peoples.

Parks Day is July 16th, 2022

- Take a walk in a Nature Park


International Bog Day is July 31st, 2022

- Talk with your parents about finding peat alternatives for your garden to save these fragile, precious ecosystems: <https://www.iucn-uk-peatlandprogramme.org/events/bog-day-1>

Extra Fun!

This Issue's Puzzle:

Nature Bingo

<p>Plant a tree</p> 	<p>Try to identify the trees near your home</p>	<p>Find a sit-spot in Nature</p>
<p>Make and distribute "Save Nature" flyers</p>	<p>With an adult's help, balance on a log</p>	<p>Read a book about trees</p>
<p>Free Space or Make up your own "Save Nature" activity</p>	<p>Recycle/compost what you can from a garbage walk</p>	<p>Make a plan to eat the food in your fridge before it goes bad</p>

Sharing

We would love to hear from you all if you would like to share. Please submit things for the newsletter (e.g. pictures, poems, stories, etc.) to: kamillab@gmail.com. We'll include the ones we can in the "News From Members And Pet Pics" section. If you want to give a book report with a picture to include in the "One Good Book" section please email it to us.

Keep at it! Remember, together we can make the difference!

Glossary

These definitions are based on our own understanding, plus research.

Ailments: Something that is troubling you, such as a sickness

Applaud: Clap because you like something a lot; encourage one to keep going

Discarded: Thrown away

Emerging: Coming out of something; still in progress

Endangered: In risk of going extinct

Flourishing: Doing well

Loathe: To despise or hate something with passion

Pollinators: Insects and other creatures that spread pollen from flower to flower.

Unceded Territory: Traditional lands of an Indigenous group that were never given up.

Writers and publishers:

Alya & Kamilla Milligan, Cowichan Valley, British Columbia, [Unceded](#) Territory of the Ts'uubaa-asatx Peoples.

Thank you for reading!